

# Questions about vasectomies? We've got answers.

## How long until I can stop using another form of contraception?

12 weeks after your vasectomy, you'll need to have a semen analysis. This will determine if all the sperm is cleared from your ejaculate. You must keep using birth control until your doctor reviews the results of your semen analysis to confirm that you are infertile.

## Could I still be fertile after a vasectomy?

Sterilization is not immediate and must be confirmed with a semen analysis after about 12 weeks. Even after you are cleared by your doctor there's a 1/2000 chance of pregnancy, which still makes vasectomies more reliable than hormonal birth control or condoms. Having a vasectomy does not prevent the transmission of sexually transmitted infections.

## What are the risks of a vasectomy?

Vasectomies come with the risk of bleeding and infection. Some men develop post-vasectomy pain syndrome (PVPS). PVPS involves pain in one or both testicles that is still present months after the procedure. This is rare, and occurs in 1-2% of men. Vasectomies are not associated with any cancers, and do not meaningfully change the quantity of your semen or the feeling of ejaculation. Talk to your physician if you are concerned.

## Can a vasectomy be reversed?

A vasectomy can be reversed, but it's a complicated procedure and there is no guarantee of success. It's usually not covered by insurance and can be expensive. If you may want children in the future, you should reconsider having a vasectomy.

## Why do some men cryopreserve their sample before vasectomy?

Some men choose to protect their fertility by cryopreserving (or freezing) their sperm before their procedure. This provides the opportunity to pursue fertility treatment with a partner in case they decide to have children in the future. Ask your doctor about Fellow's Cryopreservation Kit.



## Here's how Fellow makes it easy to test your vasectomy.



### At-home sample production

Testing used to require taking your semen into a crowded waiting room or producing a sample at a lab. With Fellow's mail-in testing, you can produce your sample at home, alone, and without having to talk to strangers the minute you're done.



### Reminders and support

Once you purchase and activate your kit, we'll know how to reach you. When it's time to test, we'll let you know. Questions? Contact [support@meetfellow.com](mailto:support@meetfellow.com). Don't worry, we've heard it all before.



### Clinically accurate results

Our CLIA-certified lab and peer-reviewed process mean that we have demonstrated our ability to produce results that are just as accurate as those from traditional labs.

**Have questions? Talk to your doctor or contact [support@meetfellow.com](mailto:support@meetfellow.com).**